

October 2018

Brook Traffic Light Tool

This is a short one minute guide as it is designed to direct you to the website to find out more.

The Brook Traffic Light Tool is a nationally recognised tool which helps professionals look at sexual behaviour in a simple and useful way. The tool uses a traffic light system to categorise the sexual behaviours of young people and is designed to help professionals:

- Make decisions about safeguarding children and young people
- Make some Initial Assessment of the child's sexual behaviour
- To respond appropriately to sexual behaviour in children and young people
- Understand healthy sexual development and distinguish it from harmful behaviour

It categorises sexual behaviours as green, amber or red. Professionals across different agencies can work to the same standardised criteria when making decisions and can protect children and young people with a unified approach.

It is not unusual for professionals and parents/carers to have different viewpoints about sexual behaviour presented by children and young people; this helps look at the behaviour in a simple way.

Defining what healthy sexual behaviour is for children at different ages can be difficult and this tool helps with this.

Please look at the Brook Traffic Light website for a large amount of information and resources to help with you children aged 0-18.

<https://www.brook.org.uk/our-work/category/sexual-behaviours-traffic-light-tool>